

## WORK INTEGRATED SKILLS TRAINING (WIST)

### COURSE REGISTRATION FORM 2020

APPLICANT NAME (as in NRIC)		ALIAS (NAME)	REGISTRATION DATE  / WIST ( )
		NRIC	CITIZENSHIP (pls circle) SG / SPR / OTHERS :
GENDER Male / Female	DATE OF BIRTH / AGE (dd/mmm/yyyy)	HOME ADDRESS	EMAIL IF ANY
RACE			
EMPLOYMENT STATUS (Include Part-time job)		HIGHEST EDUCATION	TELEPHONE (Home)
			TELEPHONE (Mobile)
REFERRAL SOURCE		NAME OF REHAB COUNSELLOR (IES)	NAME OF REHAB COUNSELLOR (SACS Centre)
<b>COURSE TITLE</b> (please tick selected module and/or full/partial course) <input type="checkbox"/> Full Course <input type="checkbox"/> Partial Course			
<input type="checkbox"/> <b>WELLNESS MANAGEMENT SKILLS (WM)</b>		<input type="checkbox"/> <b>PERSONAL EFFECTIVENESS (PE)</b>	
<input type="checkbox"/> Stress Management (CP) <input type="checkbox"/> Coping With Symptoms (CP) <input type="checkbox"/> Anxiety Management 1 & 2 <input type="checkbox"/> Insight Into Mental Health (CP) <input type="checkbox"/> Relaxation Techniques (CP)		<input type="checkbox"/> Pathways To Recovery <input type="checkbox"/> Understanding GROW model <input type="checkbox"/> Money Matters (CP) <input type="checkbox"/> Social Skills 1, 2, 3 (CP) <input type="checkbox"/> Conflict Resolution (CP)	
<input type="checkbox"/> <b>EMPLOYABILITY SKILLS (ES)</b>		<input type="checkbox"/> <b>Peer Support &amp; WRAP</b>	
<input type="checkbox"/> Customer Service Basics & Skills <input type="checkbox"/> Customer Relationship & Rapport Building <input type="checkbox"/> Job Market Trends & Interview Skills <input type="checkbox"/> Resume Writing <input type="checkbox"/> IT Resources For Employment		<input type="checkbox"/> Introduction To Recovery Concepts and Hope Enhancing Strategies <input type="checkbox"/> Introduction To Wellness Toolbox <input type="checkbox"/> Using the Wellness Toolbox (Daily Maintenance Plan) <input type="checkbox"/> Identifying Triggers & Early Warning Signs <input type="checkbox"/> Avoiding Crisis (When Things Are Breaking Down) <input type="checkbox"/> Crisis Plan (Advance Directive) and Post Crisis Plan	
<b>Training Dates</b> <input type="checkbox"/> 3 Feb to 5 Mar 2020 <input type="checkbox"/> 31 Aug to 1 Oct 2020 <input type="checkbox"/> 13 Apr to 15 May 2020 <input type="checkbox"/> 2 Nov to 4 Dec 2020 <input type="checkbox"/> 25 Jun to 28 Jul 2020		<b>Training Venue (subject to change)</b> Thomas Eng Neo Hall (Auditorium) <b>Anglican Care Centre @ Farrer Park</b> 375 Race Course Road (Entry by Tessensohn Road only) Singapore 218644	
<b>Applicant's Signature and Name</b>  _____ Date: (    /    /    )		<b>IES Rehab Counsellor Signature and Name</b>  _____ Date: (    /    /    )	

**SACS Integrated Employment Services (IES)**

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Updated 27 Dec 2019