

# ANGAGE

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# NEW NURSING HOMES IN ALJUNIED AND TAMPINES NORTH

St. Andrew's Mission Hospital opened its latest nursing home in Aljunied in April 2024. It has a capacity of 336 beds and serves residents with conditions such as dementia and stable mental health conditions. St. Andrew's Nursing Home (SANH) (Aljunied) offers a panoramic view of the nearby Pelton Canal Park Connector, providing a relaxing and tranquil environment for our residents. Other unique features such as a fenceless design and an intergenerational playground provide a conducive environment for residents to spend time with their family members.

In addition, SANH (Tampines North) will open in June 2024. It will have 272 beds and will offer nursing care, dementia care, and rehabilitative care for residents who need specialised care and support. With the opening of the two new nursing homes in Aljunied and Tampines North, the SANH cluster will serve the community with more than 2,000 beds in seven locations island-wide.

St. Andrew's Senior Care (SASC) (Tampines North), co-located within SANH (Tampines North), will open in the second half of 2024. It will provide day care and community rehabilitation services as well as active ageing programmes.



SANH (Aljunied) staff preparing for the nursing home's opening

## ST. ANDREW'S NURSING HOME (ALJUNIED)

- 📍 5 Aljunied Walk Singapore 389954
- ☎ 6303 6800/6303 6801
- ✉ [anh\\_enquiries@sanh.org.sg](mailto:anh_enquiries@sanh.org.sg)

## ST. ANDREW'S NURSING HOME (TAMPINES NORTH)

- 📍 10 Tampines Street 62, Singapore 528519
- ☎ 6329 8330
- ✉ [tnnh\\_enquiries@sanh.org.sg](mailto:tnnh_enquiries@sanh.org.sg)

SANH (Aljunied) has a fenceless design and a view of the Pelton Canal Park Connector.







At SANH (Aljunied), each cluster of 12 beds is represented by a picture of a vintage item that seniors are familiar with, such as abacus and gramophones, to aid visual recognition of their living space.



The therapeutic garden, fitness corner and playground at Level 1 is open to public. This helps to foster more community interactions and bring more life into the nursing home.



"We aim to create a homely environment where our residents feel well-cared for," said Mr Edwin Yim, Executive Director, SANH (Tampines North).



For more information on our nursing homes, please visit [www.sanh.org.sg](http://www.sanh.org.sg).





Photos credit: Singapore Health Services

## MAKING A DIFFERENCE - PROVIDING QUALITY CARE AND EXCELLENT SERVICE

More than 240 staff from St. Andrew's Mission Hospital and Singapore Anglican Community Services were awarded the Singapore Health Quality Service Awards (SHQSA) 2024. Of these, 22 were Star Awards, 48 were Gold Awards and 156 were Silver Awards. They were recognised for providing quality care and excellent service to patients. St. Andrew's Autism Centre, making its first appearance at this year's SHQSA, was also an awardee.

St. Andrew's Community Hospital's (SACH) Project Value-based Care (VBC) for Hip Fracture Patients also clinched the Best Team Award for Clinical Practice Improvement. The multidisciplinary team comprising doctors, nurses, allied health professionals, administrators and case managers from Changi General Hospital was formed to address the issue of prolonged hospital stays for hip fracture patients. As a result of the project, the average length of stay for this group of patients showed a remarkable decrease from 33 to 25 days.



Best Team Award (Clinical Practice Improvement) 2024 – The Hip-VBC Project Team.





## CHARITY TRANSPARENCY AWARDS 2023

St. Andrew's Mission Hospital (SAMH) and Singapore Anglican Community Services (SACS) were accorded the Charity Transparency Awards on 21 November 2023, organised by the Ministry of Culture, Community and Youth (MCCY). An initiative of the Charity Council, the CTA aims to promote good transparency and governance in the charity sector by acknowledging the excellent work of charities, while inspiring others to emulate their best practices.

## EXCHANGING IDEAS, MAKING FRIENDS

On 22 January 2024, a 22-person delegation led by Mrs Patricia Lau, Chief Executive Officer (CEO) of Hong Kong Sheng Kung Hui Welfare Council (HKSKHWC) visited St. Andrew's Community Hospital (SACH) and Anglican Care Centre (ACC) (Simei). The objective of the visit was to study primary healthcare services and application of technology on rehabilitation and elderly services in Singapore. The team was hosted by Dr Arthur Chern, Group CEO, SAMH and SACS and Dr Loh Yik Hin, CEO, SACH. The team had a tour around SACH Day Rehabilitation Centre (photo below), followed by a tour around ACC (Simei). The visit, which included a tour of SACH and ACC (Simei), concluded with presentations by HKSKHWC, SAMH, SACS and SACH representatives.





# CELEBRATING WORLD AUTISM AWARENESS DAY

- FROM AWARENESS TO ACCEPTANCE

Celebrating World Autism Awareness Day (2 April) throughout the month of April, St. Andrew's Autism Centre (SAAC) took its #LovelsBlue campaign further with this year's theme: "Awareness >> Acceptance", encouraging the community to think about ways that they can demonstrate acceptance of persons with autism. The occasion highlights the need to help improve the quality of life of persons with autism so they can lead dignified and meaningful lives as an integral part of society.

We held various outreach activities to share strategies on how to communicate with persons with autism. Celebrations culminated in our annual Open House on 20 April 2024, where parents and children visited the campus and friends from the community joined in the fun.

SAAC also announced its new supported employment programme through its urban farm at a World Autism Awareness Day media briefing in collaboration with the Autism Network Singapore. The programme provides adults with autism with another option after graduation from special education schools. Set up in partnership with aquaponics farm BlueAcres, the farm started as vocational training for SAAC's Day Activity Centre clients, and sells produce to restaurants.



Mr Edwin Tong, Minister for Culture, Community and Youth at the TEL (Thomson-East Coast Line) Me More roadshow at SAAC on 30 March 2024. Residents from the vicinity joined the dialogue session on the upcoming TEL stations, including Siglap station which is a stone's throw from SAAC. Through this, many residents also got to visit SAAC for the first time and learnt more about SAAC's programmes and services.



♥ Consider the challenges persons with autism & their caregivers face in their daily lives, such as dining out, watching a movie & taking public transport.

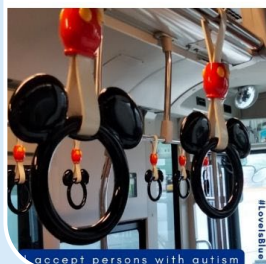


I accept a person with autism when I offer a gloved hand not just to cover, but to connect and to cherish the bond it forms. #LovelsBlue

♥♥ Where in your community do persons with autism & their caregivers need support and acceptance? Snap a photo of this public space/activity & share on social media from 1 to 30 April 2024.



♥♥♥ Please include the following text, "I accept persons with autism", hashtag #LovelsBlue, & tag us @saacsg



Autism lasts a lifetime, and no one should take that journey alone. Thank you for making a difference.



#LovelsBlue I accept persons with autism and their caregivers when I check in on them. I listen without judging to understand their perspective.



As part of our social media campaign, we invited caregivers, staff, volunteers, donors and even neighbours to share photos showing how they can show acceptance of persons with autism.

St. Andrew's Autism School student Kaylyn Kwan and teacher Jaslyn Seow using paint to create a marbled heart art piece that donors can adopt.

# JOB COACHING FOR PERSONS WITH MENTAL HEALTH CONDITIONS



Singapore Anglican Community Services Integrated Employment Services (IES) launched a Job Coaching Programme in July 2023. The programme was designed to train and equip persons with mental health conditions (PMHCs) with the knowledge, skills and confidence to re-enter the workforce. This is important as gainful employment can improve PMHCs' quality of life. Trainees will undergo a 10-week intensive training by a team of professional job coaching and rehabilitation counselors in industries such as retail, logistics and other services. The programme aims to equip trainees with skills such as communication and conflict management which will help them in their job search and work. So far, six trainees have successfully found employment in food and beverage, laundry and portering services upon completing the programme.

Separately, in December 2023, St. Andrew's Nursing Home (SANH) (Taman Jurong) collaborated with IES to provide job coaching support for their laundry services. This has also helped the nursing home with its manpower needs. Following the successful placement of five trainees in its laundry department, SANH (Taman Jurong) has extended the collaboration to other areas such as its minimart and portering services in March 2024.

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Tzyy Qin (in photos), 30, worked in the food & beverage industry previously but struggled to meet the demands of the work due to his mental health condition. He joined the IES job coaching programme to improve his work skills such as communication and adapting to different situations. The job coaches also taught Tzyy Qin skills such as folding clothes, customer service, conflict resolution and stress management. All these helped prepare him for his job placement at SANH (Taman Jurong) as a laundry assistant.

Said Tzyy Qin, “I am able to use the skills I learnt during the job coaching programme (e.g. folding and sorting laundry). When I had difficulty folding bedsheets, my job coaches slowly guided me step by step. Now, I am more efficient at my tasks.”

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RESTORING HEARTS, RENEWING HOPE

# ST. ANDREW'S NURSING HOME (BUANGKOK) TURNS 10!

On 24 February 2024, St. Andrew's Nursing Home (SANH) (Buangkok) celebrated their 10th year anniversary. Ms Ng Ling Ling, Adviser to Ang Mo Kio Group Representation Constituencies (GRCs) grassroots organisations (GROs), was the Guest-of-Honour for the event, which was attended by about 100 staff, community partners and volunteers.

SANH (Buangkok) is one of the seven nursing homes under St. Andrew's Mission Hospital and Singapore Anglican Community Services. It has a capacity of 300 beds and serve residents with

psychiatric conditions and dementia. Apart from nursing care, the home also focuses on recovery through holistic healing, such as through vocational training, psychotherapy, sensory programmes and pastoral care.

Mr Kelvin Ng, Executive Director of SANH (Buangkok) noted, "Our residents have very few visits from family and friends. We want the residents to feel that this is their home. Staff are like their immediate family members and our volunteers are their trusted friends."

At the celebration, the nursing home also honoured 13 staff who have served at least 10 years with the Long Service Award (LSA). Ms Rosa Marie Duron, Nurse Manager, who received her long service award, said that through her experience working with psychiatric residents, she learnt that "mental illness is not a mark of weakness, but a testament to the strength required to face life challenges."



Planting an olive tree to commemorate SANH (Buangkok) 10<sup>th</sup> Anniversary, signifying the resilience of SANH (Buangkok) in serving the community amidst challenges. From left to right: Mr Kelvin Ng; Mr Chan Wah Tiong, Cluster CEO, SANH; Ms Ng Ling Ling, Adviser to Ang Mo Kio GRC GROs; Dr Arthur Chern, Group CEO, St. Andrew's Mission Hospital and Singapore Anglican Community Services; The Right Reverend Low Jee King, Assistant Bishop of Singapore; and Archdeacon Wong Tak Meng.





Ms Ng pinning down her wishes for SANH (Buangkok).



Long Service Award recipients with Mr Kelvin Ng (second row, leftmost) and Mr Chan Wah Tiong (second row, rightmost).



Residents performing on drums to the song "Friends".



Staff and residents dancing together to the song "Hosanna".



## Compassion for the Broken-Hearted

Mr Yong Kwon Seng (left), a teacher in his 30s, has been a volunteer with SANH (Buangkok) for the past eight years and is a stalwart advocate for mental health. Growing up with a sibling with intellectual disability, Mr Yong has a heart for marginalised groups, such as people with mental health conditions. Leading a ground-up initiative called "The Achievers" which comprises about 300 like-minded individuals, Mr Yong spreads cheer among the broken-hearted and lonely.

Since 2016, Mr Yong has helped to engage SANH (Buangkok) residents through outings and festive celebrations. His commitment to serve remained even when visitations were disallowed during COVID-19 pandemic – he continued to drop off food donations for residents at the gate. Mr Yong said, "Volunteering offers opportunities to meet with diverse groups of people; exposes me to new experiences and challenges, promoting personal growth and development. In addition, volunteering fosters in me empathy and compassion."



Come volunteer with us! Contact us at [bnhvvolunteer@sanh.org.sg](mailto:bnhvvolunteer@sanh.org.sg)



# TOSS TO GOOD HEALTH!

The St. Andrew's Nursing Home (SANH) cluster brought festive cheer and joy to its residents during the Chinese New Year season, with restaurant-style banquets and lively performances. Staff and volunteers banded together to organise the celebrations in SANH (Henderson), SANH (Queenstown), SANH (Taman Jurong) and St. John's – St. Margaret's Nursing Home (SJSN NH). A nine-course banquet lunch which included an array of dishes such as fish maw with sea cucumber stew, herbal prawns, smoked duck, braised cabbage with scallops and etc, was a rare treat for more than 250 residents.



Mr Lim Ah Too, a resident of SJSN NH, experiencing his first "Lohei" after many years, together with children from Little Seeds Preschool (SJSN).



A student from Little Seeds Preschool (SJSN) greeting Mr Ang Koh Tee, a resident from SJSN NH, with mandarin oranges and was blessed with a red packet in return.



Mdm (hia) Choon Keng, a resident from SANH (Henderson), enjoying the fish maw and sea cucumber soup.



SANH (Henderson) volunteer serving a resident.



Song performances by volunteers of SJSN NH.





A taste of tradition. All the food was thoughtfully prepared to suit residents' dietary needs.



Reverend Lew Kiat Lern, lead chaplain for the SANH cluster, heartily greeting the happy residents of SANH (Taman Jurong).



SANH (Queenstown) residents were treated to Teochew opera by artiste Nick Shen and his partner, Jamie Chen as well as a dance item by volunteers from City Harvest Community Services Association.



SANH (Taman Jurong) residents enjoying the yusheng.





# CHARITY GALA DINNER

Friday, 18 October 2024  
7:30 pm - 10 pm  
Shangri-La Singapore

**St. Andrew's Mission Hospital (SAMH)** and **Singapore Anglican Community Services (SACS)** are privileged to be a light in society as we help more than 50,000 beneficiaries annually. Advancing our efforts is only possible through the steadfast support from our donors. We aim to raise \$800,000 through our marquee fundraiser, Charity Gala Dinner - Friday, 18 October 2024, 7.30 pm to 10.00 pm, Shangri-La Singapore. Guest-of-Honour: **Dr Tan See Leng, Minister for Manpower and Second Minister for Trade and Industry**. Each table of 10 is priced at



\$5,000



\$10,000



\$15,000

You can also support us by making cash donations to help us fund SAMH or SACS programmes.

All table sales and cash donations are eligible for 2.5 times tax deduction.

For more information on the Charity Gala Dinner, please email us at [samhsacs\\_comms@samh.org.sg](mailto:samhsacs_comms@samh.org.sg) or call 6586 1999.



Scan the QR Code for SAMH and SACS Charity Gala Dinner Response Form.