

ANGAGE

ANGLICAN SERVICES ENGAGING THE COMMUNITY

New Nursing Home in Bukit Purmei

Singapore Anglican Community Services (SACS) has been awarded a Ministry of Health tender for a nursing home in Bukit Purmei. This is part of SACS's and its sister organisation, St. Andrew's Mission Hospital's (SAMH) collective efforts to support Singapore's ageing population and meet the increasing need for senior care facilities.

The new nursing home to be located next to Radin Mas Primary School will have about 270 beds spread over nine floors. Construction will begin in 2025 and is expected to complete in 2027. Services are slated to commence within the same year of the building completion. The nursing home will cater to residents with dementia, disabilities and others.

SAMH will also be opening two new nursing homes in Aljunied and Tampines North in 2024.

Dr Arthur Chern, Group Chief Executive Officer of SAMH and SACS said,

"Combining all our eight nursing homes, we will be serving the community with a total capacity of about 2,500 beds by 2027."



Site of SANH (Bukit Purmei).



Coming soon: SANH (Aljunied) and SANH (Tampines North).

Centenary Homecoming

13 June 2023 was a day to remember as close to 150 old and new friends gathered at 5 Kadayannallur Street, the former 5 Erskine Road, to commemorate the 100th Anniversary of St. Andrew's Mission Hospital's (SAMH) First Hospital Building as well as the 110th Anniversary of SAMH.

This centenary occasion showcased SAMH's legacy of care through old press clippings, photos and medical artefacts that traced our development from 1913 when Dr Charlotte Ferguson-Davie established SAMH with our first dispensary at Bencoolen Street. We also honoured contributions from all levels of community that realised this 60-bed hospital for local women and children. Indeed, this spirit of giving continues as we announced two major gifts to the tune of S\$2M from our long-time supporters – the Mrs Lee Choon Guan Charitable Trust and the Lew Foundation.



From left to right:
Mr Andrew Goh, Vice President of SAMH; The Right Reverend Dr Titus Chung, Bishop of Singapore and President of SAMH and SACS; Mrs Josephine Teo, Minister for Communications and Information, Second Minister for Home Affairs and Member of Parliament, Jalan Besar GRC; Mr Keith Chua, Vice President of SACS; Dr Arthur Chern, Group Chief Executive Officer of SAMH and SACS, standing in front of SAMH's First Hospital Building at 5 Kadayannallur Street (formerly Erskine Road).



Mr Jimmy Ho, born in SAMH First Hospital Building at Erskine Road.



The official unveiling of portraits of SAMH's founder, Dr Charlotte Ferguson-Davie and The Right Reverend Charles J. Ferguson-Davie, the first Anglican Bishop of Singapore and SAMH's first President.



Performance by the Ukulele Interest Group from Anglican Senior Centre (Havelock).



Celebrating SAMH First Hospital Building's 100 Anniversary!

Two New Senior Care Centres in Bedok

St. Andrew's Senior Care (SASC) opened two new Senior Day Care Centres in Bedok South and Bedok North in July and August 2023 respectively. These centres offer day care, dementia day care and rehabilitation services for those who require custodial day throughout the day and rehabilitation services.

Active seniors who wish to enjoy social and recreational time with each other can also participate in the Active Ageing Programmes at our centres. They are also able to participate in activities such as group exercises, digital literacy sessions and games like Bingo and Rummy-O.

Mdm Theresa Ng, 75, who lives in the same block as SASC (Bedok North)'s Active Ageing Programme said,

"I look forward to be here daily for art and craft sessions, exercises, and hanging out with friends!"



Learning to play the Bunne Guitar at SASC (Bedok South) Open House on 8 July 2023.



Rummy-O is a popular game at SASC (Bedok North).



Mr Tan Kiat How, Senior Minister of State for Communications and Information; and National Development and Member of Parliament for East Coast GRC was the Guest-of-Honour at SASC (Bedok North) Open House on 7 October 2023.

*Connect
with us!*

SASC (Bedok South)

152A Bedok South Road
#02-01 (Active Ageing Programmes)
#02-02 (Senior Care Centre)
Singapore 461152

☎ 6320 0506 (Senior Care)
6320 0516 (Active Ageing)

✉ sasc_bedoksouth@sasc.org.sg

SASC (Bedok North)

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Singapore 463222
(Senior Care Centre)

223 Bedok North Drive #04-01
Singapore 460223
(Active Ageing Programmes)

☎ 6320 0536 (Senior Care)
6320 0517 (Active Ageing)

✉ sasc_bedoknorth@sasc.org.sg

Shining Moments at Jewel



Group photo at the HSBC Rain Vortex.

On the afternoon of 30 August 2023, a group of residents from St. Andrew's Nursing Home (SANH) [Buangkok, Henderson and Taman Jurong] as well as St. John's – St. Margaret's Nursing Home (SJSN NH) came together for a much-awaited outing to Changi Airport.

Accompanied by staff, volunteers, families and friends, the group started their tour with Jewel's iconic HSBC Rain Vortex. The stunning sight of the world's tallest indoor waterfall cascading down prompted exclamations of delight and wonder from the happy seniors, many of whom had not taken a plane or visited the airport in years.

After a group photo, the residents set off to explore the rest of the airport. Whether it was chatting over coffee, doing some shopping or viewing exhibits, it felt good to be out in the community with friends and family.

Mr Edmund Ooi, 69, from SANH (Taman Jurong) remarked,

| *"It's good to see new things in the airport."*

Ms Rosemary Wong, 56, a regular volunteer of SANH [Buangkok] added,

"It was marvellous to have personal contact with the residents after a trying and long COVID-19 season for them. I was heartened to see them posing for photographs and chatting with staff and volunteers. Seeing the residents' bright smiles and exuberance warmed our hearts."



Residents spellbound by the sea of bronze droplets dancing in harmony.

Some residents allowed themselves to be mesmerised by the Kinetic Rain sculpture at Terminal 1 while others proceeded to the Viewing Mall to watch the hustle of activity at the busy runways.

When asked to guess the number of passengers a plane could take, Mr Tan Hong Yiah, 83, from SANH (Henderson), who had never been on a plane responded,

| *"I don't know, I don't know. It's so big!"*



A real treat!



Mr Low Kee Kuang from SJSM NH and volunteer Ms Esther Sie watching the planes land.

With all the good food around, dinner at the airport was a must. Residents were treated to either Asian cuisine at Penang Culture or Western cuisine at Andes by Astons.

Mdm Zolkaidah, 71, from SANH (Henderson) said eagerly,

| *"I'm always eating local food at the nursing home. I want to try something different."*



Sweet bonding - Mdm Lim Swee Lian from SJSM NH and her daughter Ms Katherine Tan.

After a long afternoon, the residents were a little tired but the smiles on their faces said it all. Friends and family members also appreciated the special time of bonding.

| *"I am thankful to the nursing home for arranging such a wonderful and memorable outing. This is my first outing with my mother since her admission to SJSM NH. I could see the joy in her smile and her excitement today,"*

shared Ms Katherine Tan, 64, daughter of Mdm Lim Swee Lian, 94.

Interested in volunteering with us to bring joy to our residents?

Connect with us via www.sanh.org.sg/contact-us/enquiries/

The Gift of Receiving and Giving

By 2024, SAMH and SACS will have 42 services across Singapore impacting 50,000 beneficiaries through its five pillars of services: **Medical Services**, **Senior Services**, **Psychiatric Services**, **Autism Services**, **Family and Children Services**. These are the stories of some of the lives we touch.

"Uplifted Spirits"

Medical Services

Mdm Ng Quee Kiow, 92, was diagnosed with advanced chronic kidney disease in 2022.

She was referred to St. Andrew's Community Hospital (SACH) Violet Programme for patients who require home palliative care to manage her care holistically at this stage of her illness.

The Home Care Team visits her regularly to ensure that her physical condition and quality of life is optimised. Mdm Ng always looks forward to the uplifting home visits by the warm and friendly care team. With the care and support provided by the Home Care Team, Mdm Ng's medical care, previously performed by polyclinics and the hospital, is brought to her directly in her home, with round-the-clock coverage.



Ms Susan Chan, Advanced Practice Nurse, doing a finger prick test for Mdm Ng.



Mdm Ng loves home visits.

"A Lasting Legacy of Love"

Senior Services

Mdm Herminie Liang, 79, fondly remembers her hospitalisation stay at St. Andrew's Orthopaedic Hospital (SAOH) when she was 10 years old. Mdm Liang suffered from polio since her childhood and recuperated in SAOH for two years after an operation. The love and care from the SAOH team remains etched in Mdm Liang's heart.

In early 2022, Mdm Liang had a fall and lost her ability to walk. When she was advised to be admitted to a nursing home, Mdm Liang only had St. Andrew's Nursing Home (SANH) in mind. She is now happily settled down in SANH (Henderson). Together with her new friends, she actively participates in activities such as art and craft sessions and outings to places of interest and around the neighbourhood.



Mdm Liang enjoys artwork and chatting with her friends.

"A Circle of Support"

Psychiatric Services

Mdm Zarinah led an isolated life after her marriage broke down. Soon after in 2015, she was diagnosed with schizophrenia. The ailment subsequently brought Mdm Zarinah to the Day Rehabilitation Centre at Anglican Care Centre (Yishun). Here, she received counselling and learnt to manage her anxieties. By challenging herself to participate in social and recreation activities, she gradually gained confidence.

Today, as a peer leader at the centre, Mdm Zarinah - affectionately known as 'Rina' to members - plan members' activities alongside fellow peer leaders. She also guides them through culinary and handicraft activities. Outside the centre, she has learnt to better manage household chores as well as picked up new skills like using social media and playing online games.



Mdm Zarinah enjoying crocheting with Genevieve, an intern from the National University of Singapore.

"A Beautiful Discovery"

Autism Services

Danish Imaan Zulkifli, a 17-year-old student at St. Andrew's Autism School (SAAS), loves drawing, specifically logos. Teacher Alysha first discovered his artistic inclination when she saw Imaan tapping on this interest to regulate his emotions. Teacher Alysha quickly took the opportunity to further develop Imaan's interest by introducing him to digital illustrations.



Imaan and Teacher Alysha.



Imaan drawing the SAMH-SACS bear.



Imaan's artistic interpretation of the SAMH-SACS bear was used as the bag design for the recently launched commemorative book. Read more about the commemorative book on page 10.

Imaan has always been a keen observer. However, he surprised Teacher Alysha with his swift adaptation and use of the digital tools. Immersed in his newfound passion, Imaan will initiate the use of Teacher Alysha's tablet while searching for online video tutorials such as colours selection. SAAS firmly believes that the interests of students should be encouraged and is currently exploring internship options with a media company to provide professional development and guidance for Imaan.

"A New Reality"

Family and Children Services

Rachel*, 36, and her son, Edmund*, 11, came through the shadows of domestic violence when they were referred to Anglican Family Centre (AFC) in 2021 for a haven to stay. Through the aid of caseworkers and friends at AFC, Rachel received legal, housing and emotional support.



Edmund's drawing of his mother, brother and himself.



Rachel now gives back by giving manicures to the residents at the St. Andrew's Cathedral Home for the Aged.



Edmund making a terrarium during a Social Enterprise programme.

AFC and CITY Community Services (CITY) introduced a series of self-recovery programmes for the mother and child. While Rachel was further equipped with knowledge on financial literacy and skillsets from social enterprise activities CITY also lent a hand in setting up Rachel and Edmund's new home including the provision of new furniture.

*Pseudonyms

Read more about CITY on page 15.

Let The Flame Burn Brighter!

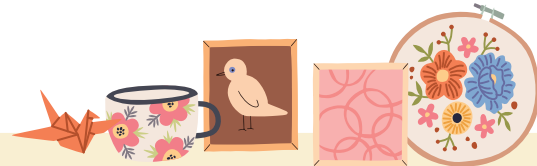
St. Andrew's Mission Hospital's (SAMH) and Singapore Anglican Community Services' (SACS) annual Charity Gala Dinner returns with a bang after three years of the COVID-19 pandemic. The event was a double-bill celebration of SAMH's 110th anniversary and the launch of the SAMH-SACS commemorative book. More than 500 donors and guests attended the fundraiser which was held on 6 October 2023 at The Ritz-Carlton, Millenia Singapore.

In his welcome address, The Right Reverend Dr Titus Chung, Bishop of Singapore and President of SAMH and SACS thanked supporters, acknowledging that our work "is made possible with each generation of partners, volunteers and donors".

Guest-of-Honour Mr Ong Ye Kung, Minister for Health, also thanked SAMH and SACS for our contributions during the pandemic and called on us to continue working with Ministry of Health and other agencies, declaring that "together, we can build an inclusive and resilient community."



From left to right: Minister Ong Ye Kung, Ms Denise Phua, Mayor of Central Singapore District and Member of Parliament for Jalan Besar GRC; The Right Reverend Dr Titus Chung and Dr Arthur Chern, Group Chief Executive Officer, SAMH and SACS.



Donors perusing the merchandise handcrafted by beneficiaries from St. Andrew's Senior Centre (SASC), SACS Social Enterprises, St. Andrew's Autism Centre (SAAC) and Anglican Family Centre (AFC).

Read more about SASC (page 3), SAAC (page 13) and AFC (page 7).



Minister Ong Ye Kung meeting Danish Imaan Zulkifli, student from St. Andrew's Autism School, whose artistic impression of the SAMH-SACS bear was used as the bag design for the commemorative book.

Read more about Imaan on page 7.



The Right Reverend Dr Titus Chung giving his welcome address.



Lively performance by Sombrero Stars, staff from St. Andrew's Nursing Home (Buangkok).



The Saints Chorale, the award-winning choir from St. Andrew's Junior College – one of the education works under the Diocese of Singapore – enthralling guests with the songs "My Father's World" and "小人物的心声".



Mr Saw Gabriel from Anglican Senior Centre (Hillview) performing Canon D Rock.



Dr Arthur Chern, GCEO of SAMH and SACS, sharing our rich history, present services and future developments.



The SAMH-SACS commemorative book titled "Let the Flame Burn Brighter" is officially launched!



Scan the QR code to read the newly launched SAMH-SACS commemorative book online



Owen Fernandes, a Primary 1 student from St. Andrew's Mission School – a special education school that offers mainstream curriculum – holding a torch symbolising SAMH and SACS bringing light to those in need.



Mdm Herminie Liang, resident of St. Andrew's Nursing Home (Henderson) presenting her artwork to Minister Ong Ye Kung.

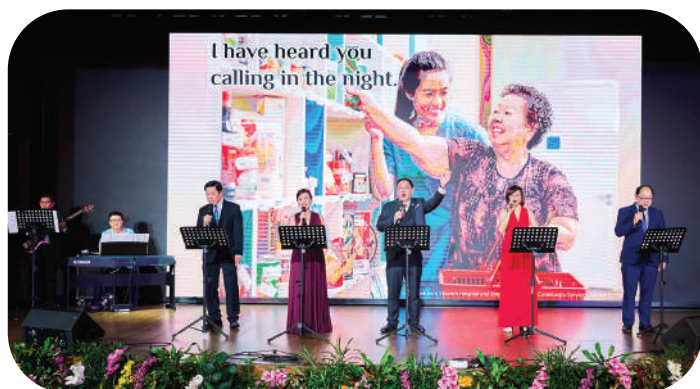
Happy
110th Birthday
SAMH!



From left to right: A/Prof Steven Lim, Vice President [Alternate], SACS; Mr Choy Siew Kai, Vice President [Alternate], SAMH; Mr Andrew Goh, Vice President, SAMH; The Right Reverend Dr Titus Chung; Minister Ong Ye Kung; Ms Denise Phua; Mr Keith Chua, Vice President, SACS; Dr Arthur Chern, GCEO, SAMH and SACS.



A night of conviviality.

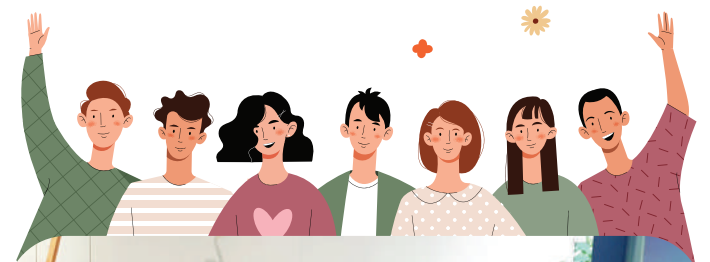


Finale item by SAMH and SACS management
– “Here I am Lord” and “Let the Flame Burn Brighter”

Watch our
highlights reel
from the Charity
Gala Dinner here!



YOUth Matter!



CREST Youth booth at St. Andrew's Junior College's Mental Health Day carnival. Using a mood board, the team was able to gauge the general mood of the students.

Over the past 6 months, CREST Youth SACS has engaged more than 500 individuals through various roadshows, talks and workshops related to aspects of mental health and wellness. The team has had the opportunity to reach out to youths, caregivers, educators and healthcare professionals through their outreach efforts.

CREST Youth is part of Singapore Anglican Community Services (SACS), notable for its body of work in adult psychiatric care. CREST Youth focuses on serving young people aged 13 to 25 residing within the Northeast region of Ang Mo Kio, Serangoon, Hougang, Sengkang and Punggol.

Through education and early intervention, CREST Youth hopes to breakdown stigmas and misperceptions associated with mental conditions. By advocating positive role modelling, self-care and help available during these engagement sessions, CREST Youth can work directly with the young person or through schools/ youth organisations to strengthen community partnerships and support for those who may be or are experiencing mental duress.

Educators and youth workers who worked with CREST Youth reflected how the outreach programmes also bring to light the struggles of their students and young wards.

If you know of a youth who needs support, please contact us at crest_youth@sacs.org.sg!



First roadshow at Christ Church Secondary School. Students were invited to share their biggest concerns anonymously.

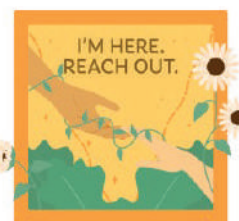


CREST Youth booth at the Better Mental Health Together Symposium held at Ng Teng Fong Hospital where staff shared about our services with caregivers, educators and healthcare professionals.



Parent Engagement talk at St Andrew's Secondary School on the challenges that teenage boys face as well as strategies that parents can utilise to support them during this time.

DO YOU KNOW A YOUTH WHO NEEDS HELP?



TAKE ACTION TODAY!



Walking towards an Inclusive Future

St. Andrew's Autism Centre [SAAC] kicked off its inaugural charity walk "Walk of a Lifetime" on 14 October!

Held in conjunction with SAAC's 18th anniversary, the event was attended by 2000 supporters of autism with the aim of increasing awareness for a more inclusive future for the autism community in Singapore. Participants were also joined by 200 beneficiaries and staff from all three SAAC services, namely its special education school, day activity centres and adult home. Gracing the event as a Guest-of-Honor was Dr Mohamad Maliki Bin Osman, Second Minister for Education and Foreign Affairs.

It was a family-friendly carnival atmosphere with something for everyone, including interactive games, massage booths and exclusive handmade products by persons with autism. Many also gamely dressed up in their own interpretation of "Love is Blue" for the Best Dressed competition. Blue is the colour designated for autism globally.

Mr Bernard Chew, Chief Executive Officer of SAAC, said,

"Autism is a lifelong journey and a truly inclusive society is one that celebrates the dignity of each human being, regardless of ability or disability, and that unconditional love is the foundation of true inclusion."



Flag-off!



Dr Mohamad Maliki Bin Osman, Second Minister for Education and Foreign Affairs, addressing the enthusiastic crowd.



Learning about autism through a giant game of Snakes and Ladders.



Making a difference, one step at a time.

To support SAAC's mission in enabling persons with autism to lead dignified and meaningful lives,
visit www.saac.org.sg/donate-now/

It's Tee Off Time!

St. Andrew's Community Hospital (SACH) held the SACH Charity Golf and Dinner at Seletar Country Club on 6 September 2023. The 132 golfers, donors and sponsors were rallied by Mr and Mrs Henry Loi, who had supported the SACH Charity Golf and Dinner 2022 with his network as well. Despite this year's wet weather, the golfers took the opportunity to catch up with old friends and make new ones, so that spirits remained high throughout the event.

Donations raised will sustain SACH care efforts to provide affordable and accessible inpatient and community-based services. Thank you to all our donors and sponsors who collectively raised over \$200,000 to support our mission of providing holistic care and healing to the underserved and disadvantaged.



When the rain finally let up, the golfers gathered for a quick group photo before tee-off!



A day of catching up through meaningful conversations. Mr & Mrs Henry Loi and friends with Mr Choy Siew Kai, Vice President (Alternate) of St. Andrew's Mission Hospital (SAMH), Dr Arthur Chern, Group Chief Executive Officer (CEO) of SAMH and Singapore Anglican Community Services, as well as Dr Loh Yik Hin, CEO of SACH.



Nursing. A Time-Honoured Excellence

Our recipient for the Ministry of Health (MOH) Nurses' Merit Award (NMA) 2023, Ms Lie Hui Ying, Nurse Clinician, comes from a long line of highly regarded nurses from SACH. This legacy of excellence started as far back as 1916 when St. Andrew's Mission Hospital (SAMH) started the General Nurse Training course in 1916 for Asian women which brought nursing in Singapore to another level with a more formal and organised approach.

The NMA is accorded to nurses who displayed noteworthy and exceptional performance, participated in professional development and contributed to raising the nursing profession.



Hui Ying with Mr Ong Ye Kung, Minister for Health and Ms Paulin Koh, Chief Nursing Officer, MOH. Photo credit: MOH.

Hui Ying shared,

"As I anchor the training of new nurses and nursing students, I am thankful to be given opportunities to experience the diversity of nursing. When the Year One nursing students come for their first clinical posting, their nervousness and shyness always remind me of my humble beginning. I am glad that as the days go by, the students feel more at ease. Seeing the glow in their eyes as they apply what they learn from theory into actual patient care motivates me to continue to impart my experience and knowledge to the younger generation. Every day is never the same in nursing!"

Thank you, Madam President

Advocate and Champion of Mental Health

Singapore Anglican Community Services (SACS) was honored to be part of Silver Ribbon Singapore's appreciation event for President Halimah Yacob on 26 August 2023, together with 21 mental health-related agencies.

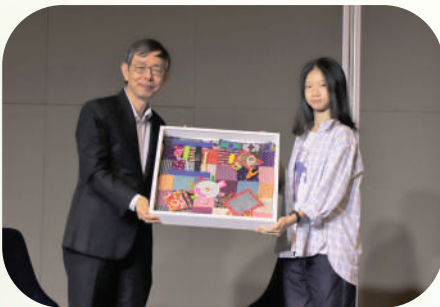
Representing SACS, Mr Paul Chim, Centre Director, Anglican Care Centre [Farrer Park], shared, "The deep compassion and commitment by President Halimah Yacob for the vulnerable and disadvantaged have led to inspiring developments in the fields of mental health which include access to resources and opportunities for those in need. President Halimah is a people's

person, very approachable. I recall that President Halimah will take time to join our members for festive celebrations. When interacting with them, she took time to understand their concerns, and discuss how to help them overcome their challenges. I will also remember her cheering and encouraging the volunteers who invest their time to support individuals with mental health challenges. On behalf of SACS and everyone here, I would like to thank President Halimah for her years of support and look forward to working with her in the years ahead to champion the cause of mental health in Singapore."



From left to right:
Mr Paul Chim, Centre Director, Anglican Care Centre [Farrer Park], President Halimah Yacob and Mr Vincent Budihardjo, Director, Anglican Care Centre [Simei], Head, Integrated Employment Services and Head, Senior Services.

Created for Good Works



CITY beneficiary Carrie (pseudonym) presenting a fidget blanket made by her mother Rose to Guest-of-Honour, Mr Peter Ong, Chairman, Enterprise Singapore.

CITY Community Services (CITY) held its first fundraising and thanksgiving dinner in five years on 5 May 2023 at One Farrer Hotel. With its focus on children and youth from vulnerable families, CITY, under Singapore Anglican Community Services and operated by St. Andrew's Cathedral desires to impart positive values and strength of character in our young people.



CITY volunteers and Long Service Award recipients. From left: Dorothy Loo, Vera Gan, Jenny Lai, Lynette Yeo, Mr Peter Ong, Jonathan Pang.

Celebrating life and lives touched, the fundraiser was anchored by testimonies of clients whose lives were impacted by CITY's Befrienders Club, Befrienders Club Alumni and its partnership with Anglican Family Centre (AFC). There is the story of Rose (pseudonym). After she was discharged from AFC, CITY helped Rose to settle into her new home and sourced for donations that

would enable her to make fidget blankets which offer sensory stimulation for seniors with dementia. For her children, tuition was provided. Inspired to give back, Rose handmade 300 crochet keychains for all attendees.

The event raised \$130,000 which will enable CITY to continue supporting families and nurturing young lives.



Give to Make a Difference

Medical Services | Senior Services | Psychiatric Services
Autism Services | Family and Children Services



Donate Now



Your contribution will deepen our quality of care, expand our reach and empower the vulnerable.

All donations are eligible for 2.5 times tax deduction.



St. Andrew's Mission Hospital and Singapore Anglican Community Services

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📷 [standrewscommunityhospital](#) / [supportSACS](#)

Medical Services

St. Andrew's Community Hospital | St. Andrew's Mission Hospital Clinic | St. Andrew's Migrant Worker Medical Centre

Senior Services

St. Andrew's Nursing Home (Buangkok, Henderson, Queenstown, Taman Jurong) | St. John's - St. Margaret's Nursing Home | St. Andrew's Senior Care (Bedok North, Bedok South, Dover, Henderson, JOY Connect, Queenstown, Tampines Central) | Anglican Senior Centre (Havelock, Hillview, Jurong West, PEACE-Connect@5, PEACE-Connect@8, Tampines, Woodlands, Yishun) | Anglican Cluster Operator (Jurong East, PEACE-Connect)

Psychiatric Services

Anglican Care Centre (Bukit Batok, Farrer Park, Hougang, Pasir Ris, Simei, Yishun) | Integrated Employment Services | Youth Services

Autism Services

St. Andrew's Autism Centre | St. Andrew's Adult Home (Sengkang) | St. Andrew's Mission School

Family And Children Services

Anglican Family Centre | CITY Community Services