

COURSE REGISTRATION FORM

Name of Applicant: (as in NRIC)	Alias Name:	Citizenship (pls circle): SG / SPR / Others
NRIC:	Gender: M / F	Address:
Date of Birth:	Contact: Email:	Highest Education:

Referral Source:

Name of Medical Social Worker / Social Worker / Rehab Counsellor:

LEVEL 1 – FOUNDATION COURSE (COMPULSORY)

AM: 9.30am to 1pm < Lunch-break > PM: 2pm to 5pm

MODULE 1: Personal Effectiveness & Wellness Management (PEWM)	MODULE 2: Wellness Recovery Action Plan (WRAP)	MODULE 3: Journey To Wellness & Growth (JWG)
Pathways To Recovery Embracing Growth Mindset Insight Into Mental Health Combating Stigma Anxiety Management 1 & 2 Communications and Social Skills At The Workplace 1 & 2 Workplace Social Etiquette Dealing With Difficult Persons	Key Recovery Concepts/ WRAP Values and Ethics Developing Wellness Toolbox and Daily Plan Stressors and Early Warning Signs When Things Are Breaking Down and Crisis Planning Post Crisis Plan Your Wellness Your Way	Physical Wellness Emotional Wellness Spiritual Wellness Social Wellness Environmental Wellness Financial Wellness Intellectual Wellness Occupational Wellness

LEVEL 2 – EMPLOYABILITY SKILLS (ES) – May register for one or both

AM : 9.30am to 1pm < Lunch-break > PM: 2pm to 5pm

Module 1 : Career Goals Planning	Module 2 : Resume Writing & Interview
Career Pathways Skills Future Framework Understanding Your Unique Selling Point Preparing Your Next Step Towards Employment	Resume Writing Job Search And Application Job Interview Job Interview Practice

Training Dates (Full-day, weekdays except Wednesdays) Please tick (✓) :

Training Venue	L1 Foundation Course (Compulsory) Training Dates 2026		L2 Employability Skills Training Dates 2026
Anglican Care Centre Farrer Park (Thomas Eng Neo Hall) 375 Race Course Road, S(218644) Entry by Tessonsohn Road only	☐ WIST 37	15 Jun to 03 Jul	☐ Module 1: 6 & 7 Jul ☐ Module 2: 9 & 10 Jul
	☐ WIST 39	2 Nov to 23 Nov	☐ Module 1: 24 & 26 Nov ☐ Module 2: 27 & 30 Nov
Anglican Care Centre Simei (Level 3 Training Room 9) 10 Simei Street 3 S(529897)	☐ WIST 38	24 Aug to 11 Sep	☐ Module 1: 14 & 15 Sep ☐ Module 2: 17 & 18 Sep

Training Dates (Full-day, weekdays except Wednesdays) Please tick (✓) :

Training Venue	L1 Foundation Course (Compulsory) Training Dates 2027		L2 Employability Skills Training Dates 2027
Anglican Care Centre Simei (Level 3 Training Room 9) 10 Simei Street 3 S(529897)	☐ WIST 40	16 Feb to 08 Mar	☐ Module 1: 9 & 11 Mar ☐ Module 2: 12 & 15 Mar
	☐ WIST 42	02 Aug to 23 Aug	☐ Module 1: 24 & 26 Aug ☐ Module 2: 27 & 30 Aug
Anglican Care Centre Farrer Park (Thomas Eng Neo Hall) 375 Race Course Road, S(218644) Entry by Tessonsohn Road only	☐ WIST 41	03 May to 25 May	☐ Module 1: 27 & 28 May ☐ Module 2: 31 May & 01 Jun
	☐ WIST 43	01 Nov to 19 Nov	☐ Module 1: 22 & 23 Nov ☐ Module 2: 25 & 26 Nov

Signature of Applicant: Date:	Recommended By IES Rehab Counsellor	FOR OFFICIAL USE @ IES ☐ Accepted ☐ Not Accepted
	Name: Date:	Name: Date: