

Advance Care Planning

Preferred Plan of Care (PPC) Facilitator Training

Advance care planning, a national initiative, empowers individuals to make informed decisions on their future healthcare preferences. It guides individuals to explore their care preferences in accordance with their personal values and beliefs, ensuring that their wishes are respected when they are no longer able to speak for themselves. PPC facilitation caters to people with life limiting illnesses. Recognized as a core clinical competency in health, social care sectors, the program equips frontline staff with the skills in PPC facilitation and builds the capability of health and social care organizations in making ACP accessible to all.

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Code to Register



Dates:

21 Jan 2026
12 Mar 2026
12 May 2026

Time:

9:00AM - 6:00PM

Venue:

Anglican Care Centre (Simei)
10 Simei Street 3, Singapore 529897

Who should attend?

Healthcare workers, social and community care workers, and individuals interested in conducting ACP.

Course Fee

\$350.00 (excluding GST)

Prevailing course fee subsidies: 90% for Singaporeans / PRs and 45% for foreign staff employed by eligible community care organizations.

Course Objectives:

The learner will be able to:

1. An in-depth understanding of the value and ethics of advance care planning
2. The framework and skills required to facilitate a PPC conversation, including the skills in discussing the goals of care and medical intervention for people with life limiting illnesses
3. The ability to create written plans that accurately reflects individual's care preference and that can be communicated to healthcare providers
4. The resources to be able to respond appropriately to common ACP-related matters

Course Pre-Requisite:

- Experience in healthcare sector OR a certified General ACP facilitator
- Relatively good communication skills
- Achieved a 100% score for all 6 online modules with unlimited attempts
- Achieved a minimum score of 80% for the 20-MCQ quiz with a maximum of 2 attempts

Training Methodology:

- Pre-course quiz
- Classroom facilitated learning that includes small group practice, feedback giving and discussion, assessment for certification
- Post-course 2-hour facilitated group learning via zoom

Topics Include:

- Goals and scope of ACP
- Ethical considerations of ACP in Singapore
- Attitudes & skills for effective ACP facilitator
- Application of PPC framework
- Practice and demonstration of competency in facilitating PPC
- Documenting conversation in written plan



Trainers' Profile

Chief Trainer – Ms. Ng Tzer Wee

Ms. Ng is a pioneer in advancing Advance Care Planning (ACP) efforts in Singapore, with over 15 years of experience in both facilitation and training. She brings a deep well of expertise to the field, having contributed significantly to the development of local ACP training curricula and conducted a number of Train-the-Trainer programs.



Certified in the WSQ Advanced Certificate in Learning and Performance (ACLP), Ms. Ng applies adult learning principles to ensure her training sessions are engaging and impactful. This training is further strengthened by a team of assessors—comprising doctors, nurses, and medical social workers—who are actively involved in ACP facilitation and training themselves.



Trainer - Dr. Shaun Nathan

Dr Shaun is an experienced ACP facilitator and a trainer with a strong grounding in person-centred care, end-of-life communication, and ethical healthcare practices. With a professional background in palliative care, he brings both practical frontline experience and compassionate insight to his training session.

Having worked extensively with individuals facing life-limiting illnesses, Dr Shaun specializes in guiding healthcare and social care professionals through the nuanced process of Preferred Plan of Care (PPC) facilitation. His training approach is grounded in national ACP frameworks and tailored to build the competencies required to carry out meaningful, values-based conversations with patients and families.

Trainer – Ms. Allison Chua

Allison served at the National University Hospital from June 2021 to October 2025 in progressive roles within Advance Care Planning (ACP). As ACP Care Coordinator with NCIS, she facilitated over 500 ACP discussions, provided psychosocial support, conducted public and professional education, and collaborated closely with multidisciplinary teams to support patient-centred care and end-of-life transitions.



From 2024 to 2025, Allison led the ACP Team in the Healthier SG Office, spearheading workflow redesigns, mentoring junior facilitators, driving cross-departmental collaborations, and contributing to institutional palliative care initiatives, including research on end-to-end care for end-stage kidney disease patients.

Training Facilities

Singapore Anglican Community Services (SACS) offers access to a network of well-equipped training venues across multiple locations island-wide, providing flexible and conducive learning environments for a wide range of courses. Facilities include air-conditioned classrooms, auditoriums, and specialised simulation spaces with essential audio-visual support to enable effective, practice-oriented learning. All venues are easily accessible by public transport and supported by learner-friendly amenities to ensure a comfortable training experience.

Attendance and Course Completion Requirements

Participants are required to achieve 100% attendance for all scheduled training sessions. Course completion is subject to full attendance, fulfilment of all course pre-requisites, successful completion of all required assessments, and submission of the post-course evaluation.

For any enquiries, email us at sacsa_training@sacs.org.sg.